**JANUARY 2024** 



# JANUARY NEWSLETTER



### NEW YEAR, NEW .. NEWS!

We are thrilled to introduce you to our brand-new newsletter, your go-to source for all things Laketown Gymnastics! Get ready to embark on a journey filled with flips, twists, and incredible moments as we bring you exclusive updates, insider insights, and a front-row seat to the magic happening at our gym.



# RVER 2023 Best Gymnastics



### UPCOMING EVENTS

- 1.6 Team @ Gopher Invite + Open Gym
- **1.8** Registration opens (Current Families)
- 1.12 Team travels to All-American Invite
- 1.15 Registration opens for ALL
- 1.20 Last day of Session 2 + Open Gym
- 1.22 Session 3 begins!

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1.27 <sub>Open Gym</sub>



### FUNDRASIER SPOTLIGHT

### **JANUARY 2024**

## EVENT SPOTLIGHT



#### SATURDAYS | 6:30pm - 8:30pm Ages 6+, Pre-registration required!

Whether you're a seasoned gymnast, or just looking to have some fun, our Open Gym welcomes all skill levels to come and explore our gym!

#### Thursdays + Fridays | 11:15am - 12:15pm Ages 5 and under, Pre-registration required!

Preschool Open Gym is a great opportunity for littles to explore, play to get some energy out with a parent and without the "big kids" around.

#### Birthday Parties are great for all ages! \$190 for an hour and a half, includes 12 guests

All our parties include an hour of super fun coach-led activities in our spacious & climate controlled gym space and end with thirty minutes in our of our festive party rooms!

# COMPETITIVE TEAM HIGHLICHTS

Our Season 1 competitive teams (Bronze, Silver, Level 3 + Level 4) wrapped up their season mid-December! For 90% of our gymnasts in Season 1, this was their first time competing, and most of them qualified to compete at State! We are SO proud of them, now they move on to conditioning and training for next season.

Our Season 2 competitive teams (Gold, Platinum, Diamond, Sapphire + Level 6 - 10) are gearing up for their first competition of the season beginning of January! They kicked off their season with their Mock-Meet which was SO fun to watch! We can't wait to cheer them on this season!

The coaches decided to switch things up this season and rented a private movie theater to watch The Grinch for their Holiday Party! Everyone had SO much fun! Shout out to Waconia Emagine Theater for making things so easy and welcoming our group, and of course for the delicious popcorn!



**C** 952.368.3547

frontdesk@laketowngym.org

www.laketowngym.org