

Session 3

Session 3 January 23rd – April 1, 2023

Registration starts: January 9 – 14, 2023

New Student starts: January 16 – 21, 2023

| Class | Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Total for 10wk Session |
|---|--------|--|---|---|--|---------------|-------------------------------|------------------------|
| Parent Tots 18 mo-2yrs | 45 min | 10:30 – 11:15 6:15 – 7:00 | 9:15 – 10:00 6:15 – 7:00 | 10:15 – 11:00 6:25 – 7:10 | 10:15 – 11:00 4:45 – 5:30 5:45 – 6:30 | 10:15 – 11:00 | 10:15 – 11:00 | \$134.00 |
| Tumbling Tots 3 yrs. | 45 min | 9:15 – 10:00 10:30 – 11:15 5:15 – 6:00 | 10:15 – 11:00 4:15 – 5:00 5:15 – 6:00 | 9:15 – 10:00 4:30 – 5:15 5:30 – 6:15 | 9:15 – 10:00 6:30 – 7:15 | 9:15 – 10:00 | 11:15 – 12:00 | \$134.00 |
| Mighty Mites 4 yrs. | 60 min | 9:15 – 10:15 1:00 – 2:00 4:00 – 5:00 5:15 – 6:15 6:30 – 7:30 | 9:15 – 10:15 1:00 – 2:00 5:15 – 6:15 | 11:10 – 12:10 4:00 – 5:00 6:25 – 7:25 | 9:15 – 10:15 10:30 – 11:30 5:15 – 6:15 | 10:00 – 11:00 | 9:00 – 10:00 10:15 – 11:15 | \$150.00 |
| Stars 5 yrs. | 60 min | 9:15 – 10:15 1:00 – 2:00 4:00 – 5:00 5:15 – 6:15 6:30 – 7:30 | 9:15 – 10:15 1:00 – 2:00 5:15 – 6:15 | 11:10 – 12:10 4:00 – 5:00 6:25 – 7:25 | 9:15 – 10:15 10:30 – 11:30 5:15 – 6:15 | 10:00 – 11:00 | 9:00 – 10:00 10:15 – 11:15 | \$150.00 |
| Hot Shots 4 & 5 yrs. Coach approved | 60 min | 6:30 – 7:30 | 10:30 – 11:30 5:15 – 6:15 | 4:00 – 5:00 | 5:15 – 6:15 | | | \$150.00 |
| Super Stars 4 & 5 yrs. Coach approved | 60 min | 6:30 – 7:30 | 10:30 – 11:30 5:15 – 6:15 | 4:00 – 5:00 | 5:15 – 6:15 | | | \$150.00 |
| Advanced SS Coach approved | | | | 5:15 – 6:15 | | | | \$150.00 |
| Preschool Open Gym | | | | | 11:15 – 12:15 | 11:15 – 12:15 | | \$6.00 |
| Home School 6 and up | 60 min | 1:00 – 2:00 | 1:00 – 2:00 | 1:00 – 2:00 | | | | \$150.00 |
| Home school Parkour 5 -8 | 60 min | 1:00 – 2:00 | 1:00 – 2:00 | 1:00 – 2:00 | | | | \$160.00 |
| Home School Parkour 9 & up | 60 min | 2:15 – 3:15 | 2:15 – 3:15 | 2:15 – 3:15 | | | | \$160.00 |
| Beginner 1 & 2 6 and up | 60 min | 4:00 – 5:00 | 6:30 – 7:30 | 4:30 – 5:30 | 4:00 – 5:00 | | 10:15 – 11:15 | \$150.00 |
| Beginner 3 | 60 min | 4:00 – 5:00 5:15 – 6:15 7:00 – 8:00 | 4:00 – 5:00 6:30 – 7:30 7:15 – 8:15 | 5:15 – 6:15 6:30 – 7:30 | 4:00 – 5:00 6:15 – 7:15 6:45 – 7:45 | | 9:00 – 10:00 11:30 – 12:30 | \$150.00 |
| Beginner 4 | 60 min | 4:00 – 5:00 5:15 – 6:15 7:00 – 8:00 | 4:00 – 5:00 6:30 – 7:30 7:15 – 8:15 | 5:15 – 6:15 6:30 – 7:30 | 4:00 – 5:00 6:15 – 7:15 6:45 – 7:45 | | 9:00 – 10:00 11:30 – 12:30 | \$150.00 |
| Intermediate 1 | 90 min | 5:15 – 6:45 | 4:30 – 6:00 4:45 – 6:15 6:30 – 8:00 | 4:00 – 5:30 5:45 – 7:15 | 4:00 – 5:30 4:30 – 6:00 6:30 – 8:00 | | 9:00 – 10:30 | \$190.00 |
| Intermediate 2 | 90 min | 5:15 – 6:45 | 4:30 – 6:00 4:45 – 6:15 6:30 – 8:00 | 4:00 – 5:30 5:45 – 7:15 | 4:00 – 5:30 4:30 – 6:00 6:30 – 8:00 | | 9:00 – 10:30 | \$190.00 |
| Intermediate 3/4 | 90 min | 6:15 – 7:45 | 6:15 – 7:45 6:30 – 8:00 | | 4:30 – 6:00 | | 10:45 – 12:15 | \$190.00 |
| Advanced 1/2 | 90 min | 4:30 – 6:00 | | 5:45 – 7:15 | 6:15 – 7:45 | | | \$190.00 |
| Advanced 3/4 | 2 hrs. | 4:30 – 6:30 | 5:15 – 7:15 | | | | | \$210.00 |
| Ninja Beginner | 60 min | 4:00 – 5:00 | 6:30 – 7:30 | | 5:10 – 6:10 | | | \$160.00 |
| Ninja Intermediate | 60 min | 5:15 – 6:15 | | | | | | \$160.00 |
| Ninja/Parkour Int. | 60 min | 7:35 – 8:35 | 7:35 – 8:35 | | | | 11:30 – 12:30 | \$160.00 |
| Parkour Sports 4 & 5 years | 60 min | | 4:00 – 5:00 | 5:15 – 6:15 | | | 9:00 – 10:00 | \$160.00 |
| Parkour Sports Beginner | 60 min | | 5:15 – 6:15 | | 4:00 – 5:00 6:20 – 7:20 | | 10:15 – 11:15 | \$160.00 |
| Parkour Sports Intermediate | 60 min | 6:30 – 7:30 | | 4:00 – 5:00 | 7:30 – 8:30 | | | \$160.00 |
| Parkour Sports Advanced | 90 min | | | 6:30 – 8:00 | | | | \$200.00 |

Schedule is subject to Change! Minimum of 4 Kids per Class



DOWNLOAD OUR APP!



IT'S EASY!



A super quick & easy way to sign up for classes, sign our waiver, track progression & more!
USE ORGANIZATION CODE
laketowngym
 all lowercase, no spaces!



LAKETOWN GYMNASTICS RESERVES THE RIGHT TO MAKE CHANGES TO THIS SCHEDULE IF NECESSARY, WITHOUT NOTICE! PLEASE VISIT OUR PARENT PORTAL OR OUR APP FOR THE MOST CURRENT SCHEDULE!

CLASS REGISTRATION: You may register by phone, online via our parent portal or app (preferred) or in person. Early registration is highly recommended to ensure a place in the class(es) of your choice! A minimum of students is required to run a class. A family registration fee of \$25 is due at the time of registration, and is due every year following. The fee on returned checks is \$30.

PARTICIPATION WAIVER: All participants must complete a waiver form prior to participation.

WHAT TO WEAR: Girls should wear leotards or a form fitting t-shirt & shorts. Boys should wear shorts & form fitting t-shirts. Torsos should be covered! Long hair should be pulled back prior to the start of class and all jewelry should be left at home. For all Parkour & Ninja classes CLEAN tennis shoes are required!

MAKE-UP POLICY: Make-ups must be scheduled & attended during the same session as the missed class. Space is limited in each class and must be scheduled in advance! We do not guarantee make-ups. Make-ups can be scheduled starting week 2 of the session, and can be made up prior to missing the class!

FAMILY DISCOUNT: When more than one member of a family signs up for a class or a child enrolls in multiple classes a session, we offer a 15% discount on the lesser fee for each additional enrollment.